

Wrestling Australia Camp- Coaches

A Freestyle wrestling camp will be conducted at the Australian Institute of Sport from the 23rd to the 26th of September. Coaches will need to arrive in the afternoon of the 23rd and depart in the afternoon of the 26th. The camp is open to senior and high-level junior athletes.

The camp will consist of the following sessions:

- Athlete Education
- Conditioning
- Wrestling Technique
- Wrestling Strategy and Competitive Matches
- Coaches Education

All coaches must be a member of Wrestling Australia to participate and be a Wrestling Australia Level Coach or have completed the United World Wrestling Level 1 Coaching Course.

Coaches will be required to make their own travel arrangements to attend the camp and fund their own accommodation at the AIS for the duration of the camp.

Please return the below application form to admin@wrestling.com.au by the 5th of September.

Application Form

Name	
State	
National Member ID	
WAL Coaching Licence Number	

Have you completed the United World Wrestling Level 1 Course?

Please identify what you would like to achieve from attending the camp as a coach: