

Wrestling Australia Camp Athletes

A Freestyle wrestling camp will be conducted at the Australian Institute of Sport from the 23rd to the 26th of September. Athletes will need to arrive in the afternoon of the 23rd of September and depart in the afternoon of the 26th.

Senior and high-level junior athletes are invited to attend the camp.

The camp will consist of the following sessions:

- Athlete Education
- Conditioning
- Wrestling Technique
- Wrestling Strategy and Competitive Matches

All participants must be a member of Wrestling Australia to participate.

Athletes will be required to make their own travel arrangements to attend the camp and fund their accommodation at the AIS for the duration of the camp.

Please return the below application form to admin@wrestling.com.au by the 5th of September.

Application Form

Name	
National Member ID	
State	
Coach	
Weight Class	